

Easy Beef & Mushroom Noodle Bake

50	4	510	28 G
MIN	SERVINGS	CAL	PROTEIN

 **Total Time: 50 min**

Ingredients:

- ☐ 1 package (about 17 ounces) refrigerated fully-cooked beef tips with gravy
- ☐ 1/3 cup dairy sour cream
- ☐ 1 tablespoon reduced-sodium soy sauce
- ☐ 1 teaspoon minced garlic
- ☐ 1/2 teaspoon dried thyme leaves
- ☐ 3 cups cooked egg noodles
- ☐ 2 cups frozen mixed vegetables, such as corn, carrots and green beans
- ☐ 8 ounces sliced button mushrooms
- ☐ 1 cup french-fried onions



Cooking:

- 1 Heat oven to 400°F. Spray 11 x 7-inch glass baking dish with nonstick cooking spray. Remove beef tips with gravy from package and place in prepared baking dish. Add sour cream, soy sauce, garlic and thyme; mix well. Stir in noodles, frozen vegetables and mushrooms. Cover with aluminum foil.
- 2 Bake in 400°F oven 35 minutes or until heated through. Top with french-fried onions. Bake, uncovered, 3 to 5 minutes or until onions are lightly browned.



Funded by Beef Farmers and Ranchers